



# Judo for Kids & Chisago Eastside Tigers



Is proud to host

## The Midwest Regional Judo Tournament/CLINIC - USJA

**Junior, Senior, Masters & Novice and Kata**

- DATE:** Saturday April 17-18<sup>th</sup>,2010
- LOCATION:** St. Bernard's Catholic School Gym.... 170 Rose Ave., St. Paul, MN. 55117
- AWARDS:** Awards for 1st, 2nd, & 3rd places in all divisions.
- SANCTION:** USJA . (Applied for)
- WEIGH-INS:** Saturday: Juniors and Seniors 8:30 A.M. to 10:30 A.M.
- COMPETITION:** Kata 9:00am - Juniors start at 11:00 am - Seniors will 30minites after juniors are Completed
- RULES:** Modified IJF rules will apply: No chokes allowed if either competitor is under the age of 13  
No arm bars allowed in the Junior Competition. **2 Regulation Judo Mats.**
- ELIGIBILITY:** **Must show current membership in: USJI, USJA or USJF.** No entry will be accepted unless The athlete is registered with the: USJI, USJA or USJF. Each competitor must present proof of current membership with insurance at the registration and / or weigh-in. We will have application forms for USJA and USJI at the registration sight. Each competitor must present properly signed release / and consent form. (See accompanying form) Each Non-Black Belt competitor must present properly signed "Certificate Regarding Non-Black Belt Contestants" form. (See accompanying form) Any Junior wishing to compete in any Senior division must be 15+ years of age, and present a completed "Parental Consent for a Junior Competitor to Enter Senior Competition" form. (See accompanying form)

**DIVISIONS:** Divisions to be based on number of entries.

<b>JUNIOR Mixed BOYS &amp; GIRLS...</b>	4 and under	- light and heavy
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<b>JUNIOR BOYS...</b>	<b>JUNIORS GIRLS...</b>
5-6 year olds - light, medium and heavy	5-6 year olds - light, medium and heavy
7-8 year olds - light, medium and heavy	7-8 year olds - light, medium and heavy
9-10 year olds - light, medium and heavy	9-10 year olds - light, medium and heavy
11-12 year olds - light, medium and heavy	11-12 year olds - light, medium and heavy
13-14 year olds - light, medium and heavy	13-14 year olds - light, medium and heavy
15-16 year olds - light medium and heavy	15-16 year olds - light, medium and heavy

<p><b>NOVICE MEN</b> - Novice competitors (Yonkyu and below) Light, Medium, Heavy may enter the with their Black belt coach's signature.</p> <p><b>ALL RANKS</b> - 132# &amp; under, 145# &amp; under, 161# &amp; under, 178# &amp; under, 198# &amp; under, 220# &amp; under, Open</p> <p><b>MASTERS</b> - (30 through 39 and 40 and up) Novice and Advanced will be</p>	<p><b>WOMAN... ALL RANKS</b> Light, Medium, and Heavy</p>
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**UNIFORMS:** Blue GIs are of course permitted, but only when competitor is 1<sup>st</sup> name called. White gis are needed when competitor is 2<sup>nd</sup> name called and maybe worn on either side we will provide blue and white belts.

**SCORING:** Three-minute matches for all juniors. Four-minute matches for seniors. Three-minute matches for Masters. Modified double elimination. Juniors are guaranteed three-minute rest between matches. Seniors are guaranteed four-minute rest between matches. The “Golden Score” rule will be in effect at this shiai.

**FEATURING:** Food and beverages will be available on site. Showers and lockers provided. (Bring your own Towels and lock.) Free parking in the lots and some on street parking is available.

**NOTES:** **Tournament Directors reserve the right to adjust divisions to ensure fair and safe Competition and or to reject any entry that contains false information or is not properly And fully completed.**

**ENTRY FEE:** \$35.00. each Anyone entering two or more divisions or weight classes can enter those additional divisions or weight classes for just \$10.00 each.  
**No spectator fee — bring your family and friends.**

**REGISTER ON:** On site only – No Pre-registration  
**SITE:**

**SCHEDULE OF EVENTS:** **Kata Competition 9:00-10:00**  
**Junior Competition following Opening Ceremonies.**  
**Seniors and Masters Competition following Junior Competition.**

**LODGING:** The Best Western Kelly Inn – St. Paul. 651-227-8711 or 1-800-635-3359  
Just 5 Minutes from venue.

**STAFF:** **Head Referee:**  
**Technical Official Coordinator:**  
**Competition Pools:** Cindy Hoffman  
**Medical:** **Dan Hoffman**

<b>TOURNAMENT DIRECTORS:</b>	<b>Dan Hoffman</b> Phone: 651-208-5650
<b>ASSISTANT TOURNAMENT DIRECTORS:</b>	<b>Ken Otto</b> Phone: 651-774-4041 CELL 651-269-2191 Email: k-d-otto@msn.com

**Note to Referees...** Please wear appropriate referee uniform and be on time for the 10:15 a.m. meeting.  
Lunch will be provided for all officials.

We highly recommend that senior novice players enter both the “Novice Division” where each of your opponents is also a novice, AND the “All Rank Division” where the weight span is much tighter. The second division won't cost you any more in gas, food or national membership expenses, and the additional entry fee is only \$10.00.





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## WARNING!

### WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from the Minnesota State Judo Tournament - USJA and related events and activities of United States Judo, Inc., United States Judo Federation, United States Judo Association, JMI and Judo for Kids & Chisago Eastside Tigers, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capacity, I will immediately advise my coach or supervisor and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions, or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue the United States Judo, Inc., United States Judo Federation, United States Judo Association, JMI and Judo for Kids & Chisago Eastside Tigers, together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and, if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereinafter referred to as "release", from any and all claims, demands, loses, or damages on account of injury, including permanent disability and death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY ON MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.**

<b>Participant (please print name)</b>	<b>Participant's Signature</b>	<b>Date</b>
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**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releases, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

<b>Parent/Guardian (please print)</b>	<b>Parent/Guardian's Signature</b>	<b>Date</b>
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