

Iowa Judo, Inc. State Championships

- Date** November 7, 2009 (Saturday)
- Location** Long Lines Family Rec. Center (Auditorium adjoining the Tyson Events Center)
401 Gordon Drive, Sioux City, IA 51101 Lockers available (Bring your own lock)
- Eligibility** Current USJI, USJF or USJA membership. Applications available on site.
You must show a current card (with insurance) or purchase a new card on site.
- Rules** Modified IJF rules. Junior divisions—no arm locks, no chokes if either competitor is under age 13. Match length—3 minutes.
- Scoring** Full double elimination. Round robin for divisions with 4 or less competitors.
- Entry Fee** \$20 per person. Family rate (\$10 per person) applies after second member of the same family. Additional divisions \$5 each
- Awards** 1st, 2nd, and 3rd place medals. Junior and Senior Team Champions will be selected by points earned during the tournament.
- Sanction** Iowa Judo, Inc. (applied for)
- Schedule**
- | | |
|-------------------------|--|
| Registration | 9:30 a.m. to 11:00 a.m. |
| Kata & Junior Technique | 11:30 a.m. |
| Master's shiai | Noon |
| Junior shiai | 12:30 p.m. |
| Senior shiai | Immediately following junior competition |
- Director** Karen Mackey (712-233-2747 (h) (712) 223-0931 (c) (712) 279-6986 (w)
3501 Pierce Street, Sioux City, IA 51104 IowaJudo@aol.com
- Divisions:** **Senior Men's Open Rank:** 132, 145, 161, 178, 198, 220, over 220 lbs.
Senior Women's Open Rank: Divisions determined after weigh-ins
Senior Novice (Yonkyu & below): (Male & female) Divisions determined after weigh-ins
Masters: (Age 30+) (Male & female) Divisions will be based on age and weight
Juniors: (Male & female) Divisions will be based on age and weight (ages 6-16)
Kata: One division
Junior Technique: Participants demonstrate 3 different throws of their choice
Coed competition allowed in **Kata** and **Junior Technique** divisions only.

TOURNAMENT DIRECTOR RESERVES THE RIGHT TO MAKE ANY CHANGES IN THE BEST INTERESTS OF THE CONTESTANTS OR TO REJECT ANY ENTRY THAT CONTAINS FALSE INFORMATION OR IS NOT PROPERLY AND FULLY COMPLETED.

- Directions** **Hwy. 20:** Hwy 20 becomes Gordon Dr. Follow it to downtown Sioux City. Long Lines is on the right (north) side of the street. Enter the parking lot from the west (Tyson) side.
I-29: Take the business exit. Turn left (west) onto Gordon Drive (Hwy 20). You can see Long Lines/Tyson from there. Enter the parking lot from the west (Tyson) side.

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Entry Form

NOTE—For minors not traveling with a parent or legal guardian, a coaches' signatures will not be accepted in lieu of a parent or guardian's signature unless accompanied by a notarized Power of Attorney from parent or guardian giving the coach authority to sign for their child.

Name _____ Phone _____

Address _____
Street Address City State

Club _____ Coach _____

Sex _____ Age _____ Date of Birth _____ Rank _____

Emergency Contact _____ Phone _____

Black Belt Coach's Certification For Open Belt Competition

I, _____, a judo instructor who has been awarded the judo rank of Shodan or higher, recognizable by United States Judo, Inc. hereby certify that, _____, although not having been awarded the judo rank of Sankyu or higher, is of sufficient aptitude and skill in judo to compete in the open rank competition.

Signature of judo instructor

Printed name of judo instructor

Consent For A Junior Competitor To Enter Senior Competition

This certifies that _____ is of sufficient skill and ability to compete in the senior division. The competitor, judo instructor, and parent certifies that they understand the junior competitor will be competing under the rules governing senior competitions and may be subjected to all techniques allowable in that division

Parent/Guardian's signature

Judo instructor's signature

Competitor's signature

-----DO NOT WRITE BELOW THIS LINE-----
WEIGHT | AGE | DIVISION | CARD NO. | FEE
| | | JI JA JF |

WARNING!
WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from the Iowa Judo, Inc. State Championship and related events and activities of United States Judo, Inc., United States Judo Federation, United States Judo Association, Iowa Judo, Inc., Girls, Inc., American Judo Club, the City of Sioux City, and the Sioux City Judo Club, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capacity, I will immediately advise my coach or supervisor and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions, or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue the United States Judo, Inc., United States Judo Federation, United States Judo Association, Iowa Judo, Inc., Girls, Inc., American Judo Club, the City of Sioux City, and the Sioux City Judo Club, together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and, if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereinafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY ON MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant (please print name)

Participant's Signature

Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian (please print)

Parent/Guardian's Signature

Date